



CROWN DELIVERY POST-OPERATIVE CARE INSTRUCTIONS

- The cement is already set and your restoration is ready for immediate use.
- You may experience some minor discomfort for the first few days following your treatment.
This may gradually diminish over time.
- If you have been given an anesthetic, this should wear off in a few hours. Please be careful not to bite your cheek or your tongue. Also, do not eat or drink anything extremely hot or cold until the numbness has completely worn off
- The bite should feel normal when the anesthetic wears off. If it doesn't, it NEEDS to be adjusted. Please call our office and we will schedule a short appointment. If sensitivity to hot, cold or biting pressure persists longer than one week, please call our office for a follow up evaluation
- Do not chew any extremely hard or crunchy foods, with your new restoration. (ice, hard candy, etc). Also do not bite anything with your teeth that can damage them such as fingernails, paper clips, pens, etc. Anything that can damage your natural tooth, can damage your restoration
- We recommend professional maintenance and evaluation at least twice a year unless otherwise advised by Dr. Antolin and her team. If you have had a periodontal (gum disease) problem in the past, you should see us up to four times a year.
- Proper care includes BRUSHING and FLOSSING daily. The underlying tooth is still vulnerable to decay. Proper maintenance will not only prolong the life of the new restoration but will also help to prevent problems elsewhere in your mouth.