



ROOT CANAL TREATMENT POST-OPERATIVE CARE INSTRUCTIONS

Though some of the root canal procedures we perform are completed in 1 appointment, root canal therapy may take more than 1 appointment to complete.

Since anesthetic has been used, parts of your mouth may be numb for several hours after the appointment. Avoid chewing and drinking hot beverages until the numbness has worn off.

Between appointments, a temporary filling is placed to protect the tooth. It is common (and not a problem) for a small portion of your temporary filling to wear away or break off. If the entire filling falls out, please call our office and set up a time to come in and have it replaced.

It is normal to experience some discomfort for several days after a root canal procedure. Taking your medication exactly as directed will optimize its effects and significantly reduce the potential for unwanted discomfort.

For a minimum of 24 hours rotate Ibuprofen (Advil) and Acetaminophen (Tylenol) every 3 hours

TIME	MEDICATION	DOSE
8:00 AM	Acetaminophen (Tylenol)***	1000mg (2 tablets)
11:00 AM	Ibuprofen (Advil)	600mg (3 tablets)
2:00 PM	Acetaminophen (Tylenol)***	1000mg (2 tablets)
5:00 PM	Ibuprofen (Advil)	600mg (3 tablets)
8:00 PM	Acetaminophen (Tylenol)***	1000mg (2 tablets)

Do NOT exceed 2400 mg (12 tabs) of Ibuprofen in a 24 hour period!!!

Do NOT exceed 4000 mg (8 tabs) of Tylenol in a 24 hour period!!!

***IF pain worsens, replace the Acetaminophen with your prescribed pain medication

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If antibiotics are prescribed, continue to take them as directed, even if all signs and symptoms of infection are gone

To protect the tooth and keep the temporary filling in place, avoid eating hard or sticky food (such as gum), and try to chew on the other side of your mouth. Continue to brush and floss normally. Usually, the last step in a root canal is the placement of a crown or permanent filling in the tooth. A crown will protect the tooth from breaking in the future.

If you have signs of swelling or increasing pain, or if you have any further questions or concerns, please contact our office at **(682) 237-2353**